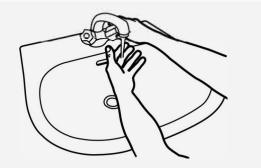
How to Handwash?

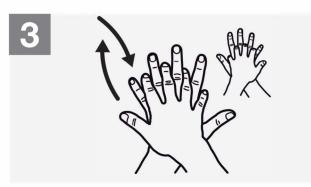
WASH HANDS WHEN VISIBLY SOILED! OTHERWISE, USE HANDRUB



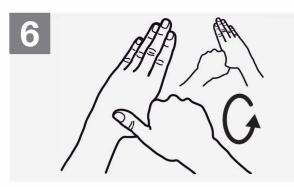
Duration of the handwash (steps 2-7): 15-20 seconds Duration of the entire procedure: 40-60 seconds



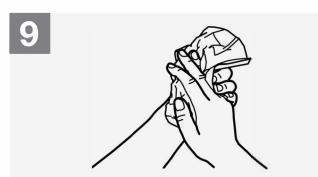
Wet hands with water;

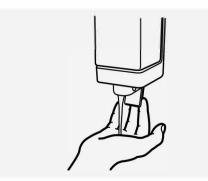


Right palm over left dorsum with interlaced fingers and vice versa;

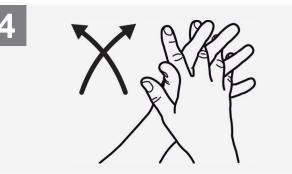


Rotational rubbing of left thumb clasped in right palm and vice versa;

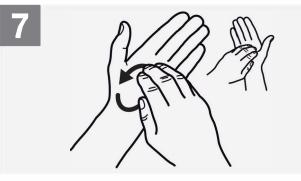




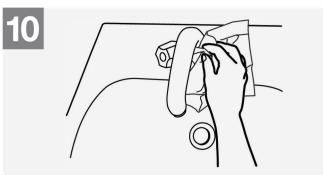
Apply enough soap to cover all hand surfaces;

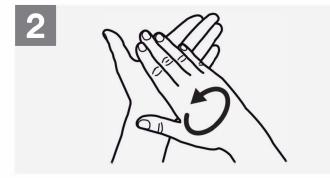


Palm to palm with fingers interlaced;



Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa;

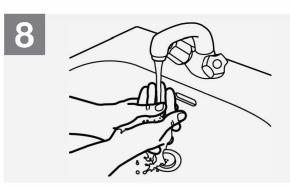




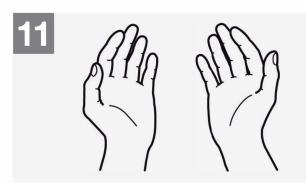
Rub hands palm to palm;



Backs of fingers to opposing palms with fingers interlocked;



Rinse hands with water;



Dry hands thoroughly with a single use towel;

Use towel to turn off faucet;

Your hands are now safe.



Patient Safety

A World Alliance for Safer Health Care

SAVE LIVES Clean Your Hands

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